

Calomel

a cascade

My brain and my mind have once more been at war.

Those close to me simply stood still by my side.

They waited to see me die – but I rallied instead.

There will be times when I think I'm all right

and then stability slips quietly out of my sight –

My brain and my mind have once more been at war.

The steel cage of sadness snuck up and slammed down,

my emotions a chorus of meaningless sound

Those close to me simply stood still by my side.

The rest all stood watching our bonds turn to rust

as I rose a phoenix at last from the dust.

They waited to see me die – but I rallied instead.